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HMMM, SHE LOOKS FAMILIAR ...

MATTEL ANNOUNCES RELEASE DATE FOR HIGHLY ANTICIPATED BARBIE DRESSED BY CHANEL DESIGNER KARL LAGERFELD **PAGE 22**



Searching for le best burger

Ten Ottawa restos are duking it out to see whose patty is tops for Le Burger Week **PAGE 3**

Baird pledges support in Iraq

Foreign Affairs minister arrives in Middle East, promises \$15M to aid fight versus ISIS **PAGES 10 & 11**

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OTTAWA RIVER'S SUNKEN TREASURE

Const. Ralph Millaire shows off a broken boat figurehead that was among the items the Ottawa Police Service dive unit fished out of the Ottawa River as part of the Great Canadian Shoreline Cleanup initiative. Story, page 8. JOE LOFARO/METRO

That is one big butt

U.S. pharmacy chain announces it's no longer selling tobacco products by butting out a 50-foot ciggie **PAGE 15**

Part 3: In which the Beck brothers sneak out

All this week, Metro is bringing you excerpts from the first chapter of Joseph Kertes' new book, The Afterlife of Stars **PAGE 28**

Don't call it a comeback

Death From Above 1979 return with their first album in a decade — just don't call them a reunion band **PAGE 17**

Lilac blooms into autumn

Pastel hues are still hot, even though the weather is not — this fall, lighter shades are here to stay **PAGE 20**



Mental-health visits at CHEO skyrocket

Eliminating the stigma. Demand up 78 per cent since 2009-2010: Report



JOE LOFARO
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Celebrities, athletes and politicians have been breaking down the stigma around talking about mental health — so it's no surprise, says Children's Hospital of Eastern On-

tario CEO Alex Munter, that emergency mental-health visits at the hospital have grown 78 per cent since 2009-2010.

However, it also means resources are in need of a boost to keep up with the growing demand, he said.

Inpatient days and outpatient referrals at CHEO have also increased 24 per cent and 56 per cent, respectively, in the past five years, according to CHEO's 2014 mental-health report card released Wednesday.

The situation isn't all that different at The Royal, where inpatient days and outpatient

referrals increased 17 per cent and 14 per cent for youth aged 16-18, respectively, since 2009-2010.

"The urgency is as great as ever for the investments that will make a difference for children and youth," said Munter.

Some of the statistics in the report might shock some parents. In the past year, The Royal has seen "a 150 per cent increase in youth with suicidality and emotional dysregulation."

The report also noted there are nearly 1,200 youth waiting for outpatient and outreach

services this year at CHEO and The Royal, compared to 1,082 just last year. Wait times are eight to 10 months at CHEO.

"Waiting eight to 10 months in CHEO's case ... for an outpatient appointment is just too, too long," said Munter. "That's an entire school year. For a young person in chronic distress to have to wait that long is a problem that we urgently need to fix."

New programs like The Bridges Program for high-risk teenagers and dialectical behaviour therapy (DBT) are already trying to treat patients

for a variety of mental-health issues. But they can't keep up.

While more funding from the province is part of the solution, Munter said mental health needs to be a bigger priority in the overall health-care system.

"Seventy per cent of adults with mental illness trace the start of their mental-health challenges to adolescence," he said. "So, when we can intervene early and make a difference for young people when they're teenagers, we'll literally change the course of their lives."

SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 19 SHOPPERS DRUG MART



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FIVE THINGS YOU NEED TO KNOW TODAY

1

ENERGY TECH

Ontario Minister of Energy Bob Chiarelli's office says he'll announce support for "emerging, smart energy technologies" in Ontario today at Hydro Ottawa's HQ.

2

BACK TO SCHOOL

Check out the rock-pop bands The Dead Bees, Saint Clare and Trees of North America performing at House of TARG tonight at a back-to-school bash presented by Carleton U's CKCU.

3

BUZZ ABOUT BEES

Two Ontario honey producers are creating a buzz over disappearing bees by launching a class-action lawsuit against makers of pesticides widely blamed for the deaths.

4

GAME STILL ON

In discussing how to penalize aggression in Ukraine, the EU floated, but quickly rejected, the idea of boycotting Russian-hosted sporting events, including the 2018 World Cup.

5

ARE YOU ON TREND?

New York Fashion Week runs today through Sept. 10 and will help set the way people dress during the spring 2015 season.

Now that's a tasty burger!

Cross-country competition. Ottawa eateries cook up mouth-watering chuck for Le Burger Week



LUCY SCHOLEY
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A fried egg, pork belly, baked tortilla strips and fried pickles are among the atypical toppings 10 Ottawa restaurants are slapping onto their classic burgers this week.

Le Burger Week is a cross-Canada competition running Sept. 1 to 7 to find the best version of the dish in the country.

Those Ottawa restaurants participating — including the Smoque Shack, Burgers n' Fries Forever (BFF), the WORKS and Bite Burger House — created new, non-menu burgers for the occasion. The idea is to boost restaurant eats when summer is winding down.

Na'eem Adam, one of the founders of Montreal-based Le Burger Week, said he got into "a pretty heated debate" about the best burger in Montreal with a few friends two years ago. So he and Thierry Rassam created the competition. It started spreading across Canada this year.

Participating restaurants

- Foolish Chicken
- World Burger
- The WORKS
- Smoque Shack
- Hintonburger
- Bite Burger House
- Burgers n' Fries Forever
- Backdrop Food and Drink
- Art is In
- Pour Boy Pub

Ottawa, Toronto, Montreal, Quebec City and Winnipeg are all holding their own Le Burger Week competitions, along with Port-au-Prince, Haiti.

Adam said inviting the Haitian city into this competition is their way of "giving back" to Port-au-Prince. The winners get bragging rights and a plaque.

Gobble these burgers up quickly, because they may only be on the menu until the end of the week. Restaurants that want to continue making these special dishes must name them Le Burger on the menu.



Gareth Williams, the chef and kitchen manager at Pour Boy Pub, holds up the restaurant's special dish for Le Burger Week: a bacon- and blue-cheese-infused patty with caramelized onions and more bacon. LUCY SCHOLEY/METRO



Hintonburger's creation for Le Burger Week. CONTRIBUTED



Burgers 'n' Fries Forever (BFF) vies for the title. CONTRIBUTED



The WORKS burger has cheese stuffed into a beef patty. CONTRIBUTED



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1 NEWS



Dr. Eve Tsai CONTRIBUTED

'Amazing feeling'

Locals among Canada's top 25 female leaders

She juggles her neurosurgeon research at the University of Ottawa with her practice at the Ottawa Hospital and motherhood.

But even though Dr. Eve Tsai has been named one of the top 25 most influential women in Canada in 2014,

she's quick to sling praise at her family and colleagues.

"It's an amazing feeling to get that recognition for the things that we've been able to do," said Tsai, who has twice won the Top 25 Women of Influence award and previously graced the cover of Women of Influence Magazine.

Tsai's research focuses on spinal diseases, including injuries and tumours. The only year she was not named to the top 25 most influential women in Canada list was in

2013, when she had a baby.

Suhayya (Sue) Abu-Hakima, CEO of Ottawa startup Amika Mobile, also made the list. Amika Mobile is a publicly and privately funded company that provides mass notifications systems to help universities or big companies, for example, alert groups to emergencies.

The Top 25 Women of Influence, now in its fourth year, ranks female CEOs or those in executive positions.

LUCY SCHOLEY/METRO



Cheri Barton suffers from a rare genetic disease that causes hundreds of cysts to form on her kidneys and liver. CONTRIBUTED

Woman sheds light on a rare kidney disease

Genetic illness.

Between 35,000 and 66,000 Canadians are affected by ADPKD

LUCY SCHOLEY
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Cheri Barton looks like she's pregnant at 46 years old. But the Vankleek Hill resident has a distended stomach because she suffers from a rare genetic disease that causes hundreds of cysts to form on her kidneys and liver.

Barton had never heard of autosomal dominant polycystic kidney disease (ADPKD) when she was diagnosed 13 years ago. But now she's trying to raise awareness of the disease that's deteriorating her liver and kidneys. She will likely need dialysis or a transplant.

Health Canada is now helping promote the disease that affects 35,000 to 66,000 Canadians. For the first time, Sept. 4 has been declared National PKD Awareness Day.

"I look like I'm eight or nine months pregnant," said Barton, whose enlarged liver and kidneys, combined, add 35 pounds.

"It's not fun carrying around the extra stomach. You can't tie your shoes and you can't bend down to pick things up. It does

get in the way, that's for sure."

The occasional pain of a cyst bursting also keeps Barton from doing the physical activities she used to love, like playing badminton and cycling. Her enlarged kidneys and liver push on her other organs, and she has varicose veins in her neck and hernias as a result. She takes blood-pressure medication and is participating in a trial PKD drug. She also shops at maternity clothing stores.

But the "absolute worst part" of her diagnosis, she said, was finding out that she passed the disease to her two daughters, now aged 20 and 17. Her 14-year-old son has yet to be diagnosed, but there's a 50 per cent chance he will carry the gene.

"They have to think of their future and having children and that sort of thing," she said. "So it's really devastating for them to find out at such a young age."

Barton has been fundraising for about a decade and organizing walks in her community.

Jeff Robertson, executive director of the PKD Foundation of Canada, said PKD affects one in 500 people globally. There's no treatment or cure, he said.

"The biggest challenge for those with the disease is getting awareness out," he said. "(National PKD Awareness Day) is a big advocacy push to get people talking about the disease."

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Word on the street

Is there a problem with binge drinking on campus?



"I think in some cases, yes, from what I have seen. I think (first-year

students) come here and they are exposed to all of these new things and I think they overdo it a lot."

Nicole Istead,
First-year neuroscience and mental health



"I have seen some drinking, but nothing too major at this point.

The people I have gotten to know seem responsible in the most sense."

Nicholas Vachon, First-year civil engineering



"I have never seen it with my own eyes, but I have seen pictures online. You are almost expected to party and drink."

Liam Bills, Second-year engineering



"I don't think so; they are pretty strict about alcohol here. I even got

written up last night when I wasn't drinking."

Ellie Rostant
First-year criminology and criminal justice



"Personally, I think so. I have seen a lot of pictures on our frosh page

from my year on Facebook and people just had a whole bunch of bottles in their room and they made Christmas trees with them and it covered walls and walls and it was just shocking to see."

Ashley Velluso,
First-year criminology and criminal justice



"Maybe, possibly. With the new rules, it could definitely

be fixed, I think."

Anthony Iacoe, First-year health sciences

06

NEWS

metronews.ca
Thursday, September 4, 2014



Carleton University has initiated a new Alcohol Awareness Strategy to reduce binge drinking. TREVOR GREENWAY/METRO

Campus puts cork in binge drinking

Carleton University.
New alcohol strategy aims to educate students about responsible drinking



TREVOR GREENWAY
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It didn't take long for Ellie Rostant to find out how tough Carleton University is getting on campus binge drinking.

The first-year criminology student says she wasn't even drinking the Bombay Gin that her roommates left outside their door Tuesday night, but she was written up anyway.

The underage student is trying to find the balance between having fun and obeying campus rules.

"They are very strict about it," she said, walking around her new school. "We are underage, we shouldn't be drinking out in the hallway; we know the rules, but we want to have fun, it's frosh week. I understand where they are coming from, but I just want to have fun, too."

The strict rules on underage drinking aren't anything new on campus. What is new — the school's Alcohol Awareness Strategy, which aims to educate students about responsible drinking.

The document lists 17 recommendations to help reduce binge drinking on campus.

"It's a problem everywhere. If you look at the data for this age group, every college and university has a binge-drinking challenge and certainly Carle-

ton is no different," said Carleton student affairs director Ryan Flannagan.

He says that up to 30 per cent of students in university engage in binge drinking.

The new strategy isn't promoting abstinence or making alcohol consumption a taboo. Instead, it's a conversation to help students deal with the pressures of drinking and the dangers that can arise from excessive consumption.

"What we really want to educate our students about is if you are going to drink, whether you are binge drinking or whether you are going to drink moderately, that there are a number of responsible drinking strategies you can employ so that you are safe at the end of the day."

Among the recommendations is a two-year awareness campaign that deals with every-

thing from excessive boozing to sexual assault and alcohol.

The school also implemented an alcohol-free floor in one of the on-campus residences and Flannagan said the waiting list to get in was 600 students long.

The strategy is a four-year project that also includes a parent outreach program starting next year to better prepare first-year students for being on their own. It's something that could really change on-campus culture around drinking, said Flannagan.

"When parents have discussion with students before they come to university about alcohol, the outcomes are better for students," he said.

"So we want to ensure that parents have the appropriate information to engage with their son and daughter about responsible drinking."

The alcohol conversation

Strategy won't change much, student says

Second-year communications student Ashley Abramovitz doesn't think the school's new campaign will change on-campus drinking habits, especially during the first couple of weeks of school when first-year students go on a party rampage. But she doesn't think the school necessarily has a binge-drinking problem either, and still thinks having open conversations

about alcohol is a good idea.

"I think it's good, but there is still a lot of underage kids here and even though they are technically not supposed to drink, they will ... It won't make much of a difference," she said.

"In the beginning when people move in, new students, they are away from home, it's a whole new atmosphere, they are not with their parents, so they probably do get a little carried away. But I think once they start to get into the swing of school, they are not as crazy."

TREVOR GREENWAY/METRO



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The Ottawa Coalition to End Violence Against Women (OCTEVAW) is launching these ads on OC Transpo buses to spark a conversation about preventing sexual violence. CONTRIBUTED

Uh oh, things 'JustGotWeird'

Sexual violence. Don't worry about feeling awkward and check in if something feels wrong, group urges in ad campaign



The Ottawa Coalition to End Violence Against Women (OCTEVAW) launched a back-to-school campaign Wednesday to remind students to intervene if they see things "get weird" on or off campus.

Starting now through the end of the month, OC Transpo users will see ads on buses describing those awkward situations that often leave some wondering if they should get involved.

"Wow, Robin is soooo drunk, but some random guy is taking them home to sleep it off. Maybe I should check in? #JustGotWeird," reads one of the 150 ads that are part of the campaign.

The #JustGotWeird campaign will appear on social media and on 150 ads on city buses with the goal of getting the community, particularly students, talking about sexual violence and how to prevent it.

"I think this conversation can be really awkward and it can feel overly formal," said Tara Henderson, public education and fundraising co-ordinator of the Ottawa Rape Crisis Centre.

"Making real-life examples and accessible social-media talk was a goal to kind of normalize this."

Even if someone can easily recognize an uncomfortable situation, they might not know how to respond. Henderson suggests starting by asking the right questions and even checking with friends before going out what they are looking to do and whether they are planning to hook up with someone.

Broken seniors-home elevator fixed, OCH says

The only elevator in a four-storey public seniors apartment is now working after it was shut down for a week, trapping some residents in their apartments.

Ottawa Community Housing (OCH) confirmed on Wednesday evening that the elevator at 181 Bruyere St. was operating.

"We recognize that this has been a very difficult situation for our tenants; we sincerely thank them for their patience," the statement from OCH reads.

Some senior-aged residents

Quoted

"It highlights some of the challenges of having only one elevator in the building. We have old buildings, so things break down. We have to make sure we have the right equipment."

Rideau-Vanier Coun. Mathieu Fleury

were stuck in the building for a week after its only elevator

broke down on Aug. 27.

According to the statement, an "uncommon square" between the valve and the pump unit had ruptured. At the end of that day, the controller malfunctioned and workers unsuccessfully tried to temporarily repair the elevator. They ordered another part, which was installed on Wednesday.

OCH staff would remain on site for the next 24 hours, according to the statement. Nurses and a chairlift were also available.

LUCY SCHOLEY/METRO

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Police fish everything from bikes to toilets out of the Ottawa River

Great Canadian Shoreline Cleanup.

As part of a national program, local cops and volunteers are cleaning up our shorelines

JOE LOFARO
joe.lofaro@metronews.ca

The Ottawa Police Marine Dive and Trail unit retrieved a few gems from the Ottawa River on Wednesday as they helped clean the waterway for the Great Canadian Shoreline Cleanup initiative.

A slimy bicycle, a rusty oil drum, empty beer bottles and even a broken figure-head from a boat were just some of the items officers found in the river where it meets the Rideau Canal.



A police officer wheels a bike out of the Ottawa River as other volunteers deal with more junk fished out of the city's namesake. JOE LOFARO/METRO

The Vancouver Aquarium and the World Wildlife Foundation — the groups behind

the initiative — encourage everyone to clean shorelines of litter every year in the

Great Canadian Shoreline Cleanup and raise awareness about the environment.

Const. Ralph Millaire of the Ottawa police said the strangest item he's seen

come out of the river was a toilet "that looked brand new."

Last year, more than 58,000 volunteers removed over 98,000 kilograms of litter from an estimated 3,035 kilometres of shorelines across Canada — about the length of the St. Lawrence River. This year, the shoreline cleanup group hopes to inspire even more volunteers to head out to local shores in Ottawa, Gatineau and the surrounding area to help keep them clean.

Sign up online

People who want volunteer can go online to ShorelineCleanup.ca to register as a participant or site co-ordinator for the event.



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Nova Scotia looks to ban fracking

For onshore shale gas. Experts recommended more research on health, environmental and economic impacts

The Nova Scotia government says it will introduce legislation this fall to prohibit high-volume hydraulic fracturing for onshore shale gas.

Energy Minister Andrew Younger says he believes Nova Scotians are not comfortable with fracking.

Younger's announcement Wednesday comes less than a week after a panel of experts released a report saying fracking shouldn't be allowed until more independent research is done on health, environmental and economic impacts.

The panel also recommended setting up a process to get a community's permission before a project is allowed to proceed.

Younger says the Liberal government made its decision following input from the public, including aboriginal leaders in the province.

"Nova Scotians have overwhelmingly expressed concern about allowing high-volume hydraulic fracturing to be a part of onshore shale development in this province at this time," Younger said in a statement.

"Our petroleum resour-



Protesters gather outside the Nova Scotia legislature in Halifax to show their opposition to the use of hydraulic fracturing or fracking, in this April 2011 file photo. The Nova Scotia government says it will introduce legislation this fall to prohibit high-volume hydraulic fracturing for onshore shale gas. ANDREW VAUGHAN/THE CANADIAN PRESS FILE

Quoted

"We must honour the trust people have put in us."

Energy Minister Andrew Younger

ces belong to Nova Scotians, and we must honour the trust people have put in us to understand their concerns."

THE CANADIAN PRESS

Fracking

A two-year moratorium on fracking was put in place by the previous NDP government in 2012 as public protests grew in Nova Scotia and in neighbouring New Brunswick.

- Proponents of fracking say the industry could

spur Nova Scotia's stalled economy and reduce its reliance on polluting, coal-fired plants.

- Fracking is a process that forces pressurized water and chemicals into layers of rock to release trapped oil and natural gas.

Nunavut eyes first beer store

Nunavut wants to deal with its alcohol problem by opening the territory's first beer and wine store.

Soon Iqaluit residents will have their say and, if there's enough support, the government plans to open up a store on a trial basis. How long it stays open depends on how well the experiment goes.

"I think that we'll probably give it a good year," said Chris D'Arcy, deputy minister of Nunavut's Finance Department.

Liquor hasn't been sold in stores in Iqaluit since the 1970s. People can either drink at one of the city's bars or or-

Bootleg sales

33,500

The Nunavut Liquor Commission estimates that half the spirits it sells are re-sold illegally. That's about 33,500 bottles of hard liquor — which, at an average bootleg price of \$300 a bottle, works out to around \$10 million a year.

der alcohol from a warehouse.

The thinking behind the warehouse system is to create a delay between the time alcohol is ordered and when it is consumed.

But a recent change to

Nunavut's liquor laws would let people get their booze straight from a storefront at their local warehouse.

It may sound counterintuitive or perhaps even misguided to make it easier to buy wine and beer in a territory plagued by rising alcohol consumption, heavy binge drinking and a growing number of babies born with fetal alcohol syndrome.

But what Nunavut's government is hoping is that people will change their drinking habits once the store opens.

Right now, D'Arcy says, people tend to binge-drink

hard liquor they've bought from bootleggers. But they may not drink as much alcohol if they're only allowed to buy limited quantities of beer or wine.

The change won't happen overnight. Both D'Arcy and the local RCMP detachment are bracing for more alcohol-related problems than usual once beer and wine go on sale at the warehouse before things eventually return to normal. The hope is that this short-term pain will put an end once and for all to the territory's long-standing problem with bootlegging.

THE CANADIAN PRESS

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Russian President Vladimir Putin speaks in Ulan Bator, Mongolia, Wednesday. THE ASSOCIATED PRESS

Russia, Ukraine talk ceasefire

Russia and Ukraine said Wednesday they are working on a deal to halt months of fighting in eastern Ukraine, but Western leaders expressed skepticism — noting it wasn't the first attempt to end the deadly conflict.

On the eve of a crucial NATO summit, Ukrainian President Petro Poroshenko's office said he and Russian President Vladimir Putin had agreed on steps for a ceasefire.

In a televised statement, Putin spelled out a seven-point plan for ending hostilities in eastern Ukraine, where Russian-backed separatists scored significant gains last week against government forces after four months of fighting.

Putin, speaking on a visit to Mongolia, said the rebels should halt their offensive and the Ukrainian government forces should pull back to a distance that would make

it impossible for them to use artillery and rockets against residential areas. He also urged international monitoring of a ceasefire, a prisoners exchange and the delivery of humanitarian aid to war-ravaged regions.

Representatives of Russia, Ukraine, the rebels and the Organization for Security and Cooperation in Europe could finalize the peace deal as early as Friday, Putin said.

THE ASSOCIATED PRESS



From left: Canadian Foreign Affairs Minister John Baird, Liberal MP Marc Garneau delegation is in Iraq to provide moral and material support in the country's

Canadian visits Iraq support in

Showing 'solidarity.' Foreign Affairs Minister John Baird promises to stand by the people of Iraq but cuts no slack to neighbouring Iran

But Baird was unwilling to cut neighbouring Iran any slack, despite that country's stated opposition to ISIS's advance and recent signals that it's willing to work with the U.S. and its allies. Canada still lists Iran as a state sponsor of terrorism.

"Obviously we have a very different view when it comes to the government of Tehran," Baird said. "It could suspend its considerable support to terrorist organizations, not just around the region but around the world."

A meeting with Iraqi President Fuad Masoum was first on Baird's packed agenda as the Canadian delegation, including opposition MPs, donned flak jackets for a high-speed dash in an armoured convoy to the presidential palace. He also met with Foreign Affairs Minister Hoshyar Zebari.

"We are many — all Canadians in government — deeply concerned with the security threat," Baird told the president. "We wanted to come here to

Accompanied by two of his political rivals, Foreign Affairs Minister John Baird slipped quietly Wednesday into one of the world's most dangerous countries, where he declared Canada would stand by the people of Iraq.

The two-day visit, which continues Thursday in the northern city of Irbil, began in sweltering Baghdad behind a steely curtain of security. Baird, whose travel plans had been a closely guarded secret, is in Iraq to provide both moral and material support to Iraq, which is reeling under a relentless offensive by the al-Qaida splinter group known as ISIS.

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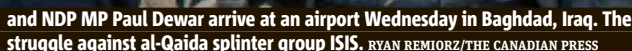
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Detroit area. Man sentenced to at least 17 years over shooting

A suburban Detroit man was sentenced Wednesday to at least 17 years in prison for killing an unarmed woman who appeared on his porch before dawn.

Theodore Wafer was convicted of second-degree murder in the Nov. 2 death of 19-year-old Renisha McBride.

Wafer is white and McBride was black, and some wondered in the aftermath of the shooting whether race was a factor, likening it to the shooting of unarmed Florida teenager Trayvon Martin. But race was hardly mentioned at trial.

Before he was sentenced, Wafer apologized to McBride's family, saying he killed a woman who was "too young to



The cover of a funeral program showing 19-year-old Renisha McBride from a service in Detroit. DETROIT NEWS/THE ASSOCIATED PRESS FILE

leave this world."

"I will carry that guilt and sorrow forever," said Wafer, often pausing to control his emotions. **THE ASSOCIATED PRESS**

N.Y.C. St. Patrick's Day

Gay group to march under own banner

Organizers of New York City's St. Patrick's Day Parade have agreed to allow a gay contingent to march under its own banner for the first time, making an exception for a group of employees from NBC, the network televising the event. The prohibition on identified gay groups in New York's largest parade had made participation a political issue.

THE ASSOCIATED PRESS

Stabbed 19 times

U.S. girl who nearly died returns to school

A 12-year-old girl who nearly died after she was stabbed 19 times is back in school. A spokesman for the girl's family says it has been a summer of doctor's appointments, surgeries, specialists and recovery. Court documents say two classmates plotted for months to kill the girl to curry favour with a fictional Slender Man character they read about online.

THE ASSOCIATED PRESS

Reports counter Harper's view on aboriginal victims

Refusal to launch public inquiry.

PM has said missing, murdered women not a sociological phenomenon

Dozens of federal, provincial and community studies compiled by the Conservative government appear to contradict the prime minister's contention that the problem of missing and murdered aboriginal women isn't a "sociological phenomenon."

But some in the aboriginal community don't quibble with the government's other main response to calls for a public inquiry — that there has been more than enough research.

Officials point to a non-exhaustive list of 40 studies conducted on the issue between 1996 and 2013.

A closer look at the research shows that in nearly every case, the authors or participants highlight the "root" or systemic causes of violence against aboriginal women and their marginalization in society.

The legacy of colonization, including the displacement and dispossession linked with residential schools and other policies, are cited frequently in the reports. The impact of poverty and lack of housing



Prime Minister Stephen Harper arrives in Cardiff, Wales, on Wednesday to attend the NATO Summit. SEAN KILPATRICK/THE CANADIAN PRESS

are also cited as root causes of violence against aboriginal women.

"There are root causes of violence in the aboriginal communities that include things like poverty and racism, and this is why it's incredibly important for us to work with organizations, aboriginal organizations, across the country," said former Minister for Status of Women Rona Ambrose at a parliamentary hearing in 2011.

Harper has offered a different perspective.

"I think we should not

view this as sociological phenomenon. We should view it as crime," he said last month.

"It is crime, against innocent people, and it needs to be addressed as such."

The government's related position has been that there have been enough studies — the focus needs to be on action.

"What we don't need is yet another study on top of the some 40 studies and reports that have already been done, that made specific recommendations which are being pursued, to delay ongoing

action," Justice Minister Peter MacKay said last week.

Some inside the aboriginal community agree there have been enough studies, but there are varying opinions on whether an inquiry would just go over the same ground.

One 2005 report prepared by three B.C. community groups, entitled *Researched to Death*, pointed to the "striking similarities" in research and recommendations done up to that point.

"The only outstanding element is action," the authors wrote. **THE CANADIAN PRESS**

Pg. 293
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'I said a lot of things that I shouldn't have'

In-flight altercation.

Businessman speaks after infamous fight over reclined seat

The businessman whose dispute with a fellow airline passenger over a reclined seat sparked a national debate says he's embarrassed by the way the confrontation unfolded.

"I said a lot of things that I shouldn't have," James Beach said.

The confrontation centred on Beach's Knee Defender, a \$22 gadget that can attach to a tray table and prevents the passenger in front from reclining their own chairs.

The Knee Defender is pro-



U.S. businessman James Beach said he's embarrassed by his actions on a recent trip.

JOHN MONE/THE ASSOCIATED PRESS

hibited by U.S. airlines but is not illegal.

"You have the right (to recline), but it seems rude to do it," said Beach.

The passenger in front of Beach eventually complained to a flight attendant about not being able to recline her seat.

Beach said he admitted to using the device and removed it upon request; however he said the passenger then fully reclined her seat, striking his laptop.

Beach said he then forced the seat upright and reinstalled the device, which prompted the woman to turn around and throw Sprite — not water as previously reported — at him, splashing on his laptop.

The woman was moved to another seat, but the altercation caused the flight to be diverted to Chicago where Beach and the woman were dropped off. Looking back, he said he regrets the altercation.

"I'm pretty ashamed and embarrassed by what happened," said Beach. "I could have handled it so much better." THE ASSOCIATED PRESS



Former French first lady tells all in book

A man buys a copy of Paris Match from a Paris newsstand on Wednesday, with a photo of Valerie Trierweiler on the cover and the lead "My life with Francois." The former French first lady's book, *Merci pour ce Moment* (Thanks for this moment), details her life at the presidential palace and her relationship with French President Francois Hollande. The couple broke up in January amid reports of President Hollande having an affair. The book goes on sale Thursday. JACQUES BRINON/THE ASSOCIATED PRESS

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The end of privacy?

Photo-hacking scandal.

The barrier between public and private is crumbling, and not just for beautiful starlets

As the celebrity photo-hacking scandal has made clear, privacy isn't what it used to be.

Whether famous or seemingly anonymous, people from all walks of life put all sorts of things online or into cloud-based storage systems, from vital financial information to the occasional nude photo. Periodic cases of hacking fuel outrage, but there's no retreat from digital engagement or any imminent promise of guaranteed privacy.

"We have this abstract belief that privacy is important, but the way we behave online often runs counter to that,"

Toothpaste out of tube

Even as we share more information online, we also want better control over who can see it, according to a study last year by the Pew Research Center's Internet and American Life Project.

- According to Pew, 50 per cent of Internet users were worried about the information available about them online, up from 33 per cent in 2009.

said Nicholas Carr, whose extensive writings about the Internet include the 2010 book *The Shallows: What the Internet is Doing to Our Brains*.

"I'd hope people would understand that anything you do online could be made public," Carr said.

THE ASSOCIATED PRESS



Will new phone give Samsung an Edge over Apple?

The new Samsung Galaxy Note Edge launched Wednesday. The Edge uses Samsung's flexible-display technology. With the side display, the phone's camera functions more like a stand-alone point-and-shoot camera, as the shutter button and other functions appear on top when the phone is held horizontally. The side display also provides one-tap access to various apps normally found on the home screen. It will also have a panel of tools, like the flashlight and stopwatch, akin to what Apple offers in the iPhone's Control Center with a swipe up from the bottom.

MICHAEL SOHN/THE ASSOCIATED PRESS

Click, click, click

Majority of Canadians now shop online

A new study says more than eight in 10 Canadian Internet users have made an online purchase in the

past year. The Ipsos Reid study says 82 per cent of Canadians are buying online, with the average amount of reported spending at \$954 annually. Cosmetics and beauty items along with furniture and housewares are the most common items purchased.

THE CANADIAN PRESS

Market Minute

DOLLAR
91.84
(+0.35)

Natural gas: \$3.85 US (-\$0.04)
Dow Jones: 17,078.28 (+10.72)

TSX
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ESLinOttawa.com

Interest rate held at 1%

The Bank of Canada held its trend-setting interest rate at one per cent on Wednesday, as it said there needs to be continued growth in Canada's exports before companies increase their investment and hiring.

The central bank also noted activity in the housing market is stronger than previously thought.

"While an increasing number of export sectors appear to be turning the corner toward recovery, this pickup will need to be sustained before it will translate into higher business investment and hiring," the Bank of Canada said in its latest statement.

"Meanwhile, activity in the housing market has been stronger than anticipated. The bank still expects excess



The Bank of Canada says it is keeping its overnight rate at one per cent, where it has been since September 2010. SEAN KILPATRICK/THE CANADIAN PRESS

capacity in the economy to be absorbed during the next two years."

Economists had widely expected the central bank to make no change to the overnight rate, which has been set at one per cent for nearly four

years.

Inflation continues to hover around two per cent, which the central bank said is just as it expected back in July when it released its last monetary policy report.

THE CANADIAN PRESS

Service dog = no service?

Starbucks has apologized to a 24-year-old woman who said she wasn't allowed in a store because she had a service dog.

The Democrat and Chronicle of Rochester reports that Amy Kaplan of suburban Brighton, N.Y.,

said she was denied service after entering a Starbucks on Sunday afternoon with her service dog, a malamute named Zero.

Kaplan suffered a traumatic brain injury in a traffic accident, and the dog helps her cope with mem-

ory issues and anxiety.

She posted a video to YouTube in which an employee tells her she can't come in the store with a service dog.

A Starbucks official told Kaplan in an email that he wanted to personally apologize. THE ASSOCIATED PRESS

CANADIAN FILM: A RETROSPECTIVE

The Toronto International Film Festival is under way, bringing the biggest stars in Hollywood to the one city in Canada that's as full of itself as they are.

The country has reason to be proud, though. The media attention at TIFF is usually on American films, but did you know that Canadian cinema has a storied history that dates all the way back to 1986? It's true. As you can see by this list of key Canadian films, our cinematic history closely reflects what was happening in Hollywood.

Full Woolen Jacket (1986): Four Canadians sit around an October bonfire and talk about how glad they are that Canada stayed out of Vietnam. Good companion piece with *The Deer Hunter*, the story of four Canadians who go deer hunting and talk about how glad they are that Canada stayed out of Vietnam. Then they go to a casino and play some roulette.

Nicefellas (1990): The story of Henry Hill and his lifelong desire to live the life of an average nobody.



HE SAYS

John Mazerolle

metronews.ca

Forest Gump (1994): An unintelligent man accidentally finds himself at many key moments in Canadian forestry, including the establishment of a coherent regulatory system in 1824. "Life is like a box of pal-lets!"

The Lion Mackenzie King (1994): Animated film about the circle of Canadian elections. Includes classic, "Can you feel the Liberal corporatism tonight?"

Pulp Friction (1994): Gordon Tarantino directed these interlocking, time-jumping stories of the orange-juice-making McCain family and the lumber-producing family the Irvings, both of New Brunswick, Canada's hotbed of violence and seduction.

Quiz Show Canada (1994): The story of how Canada lost its innocence when it was revealed that six-time Bumper Stumpers winner Howard Van Dimple was given the licence plates in advance, dishonestly collecting \$182 in the process.

Canadian History X (1998): A young, impressionable youth learns about the underground railroad and decides to make a series of shorts depicting key moments in Canadian heritage.

Fight Club Canada (1999): What happens in *Fight Club* is heavily regulated so as to prevent injury.

The Bourne Suggestion (2007): Jason Bourne learns the top-secret origins of his life as a trained killer when he politely asks a CSIS agent.

The Good, The Bad and The Ugly (2011): The story of the 2011 election campaign. Decide who's who as your politics dictate.

The General Wolfe of Wall Street (2013): Based on a true story, this biopic follows the classic story arc of an army officer/stock broker who lives the high life until, inevitably, he is shot full of musket balls.

Her (2013): A lonely writer develops an unlikely relationship with his newly purchased BlackBerry. They have a volatile, rapidly deteriorating relationship until she's nothing more than a former shell of her once-influential self.

Canadian filmmakers clearly have reason to hold their heads high. The future looks bright, and I haven't even mentioned *The Godfather* or its well-loved sequel *The Godfather: Part II*. The less said about *The Godfather: Part III* the better.

Corporation quits smoking



American company CVS announces it has finished removing cigarettes and other tobacco products from its store a month before its Oct. 1 deadline by 'putting out' a 50-foot-tall cigarette in Bryant Park on Wednesday in New York City. The store is also changing its name to CVS Health. ANDREW BURTON/GETTY IMAGES

U.S. pharmacy announces it stopped selling ciggies with giant butt-out

U.S. pharmacy chain CVS Caremark plans to stop selling tobacco products in all of its

stores starting now — a move health experts hope will be followed by other major drugstore chains.

To bolster its image as a health-care company, CVS will announce a corporate name change to CVS Health. Retail stores will still be called CVS Pharmacy. CVS, which has 7,700 retail locations, is the second-

largest drugstore chain in the U.S., behind Walgreens.

The American Pharmacists Association called on drugstores to stop selling tobacco in March 2010 and several smaller, independent chains have done so, APA spokeswoman Michelle Spinnler says. CVS is the first large chain to stop tobacco sales. **USATODAY.COM**

By the numbers

\$2B

CVS says its tobacco sales amount to \$2 billion a year.

MetroTube

Skateboard vicariously



ANDREW FIFIELD

andrew.fifield@metronews.ca

For most, there's a fairly narrow age window to take up skateboarding. I whiffed on mine completely and have since been shackled to second-hand fear and deep admiration when a skateboarder whizzes by on the street. That admiration was amped up considerably by this slow-motion video of Christopher Chann's fancy footwork at L.A.'s Stoner Plaza. (christopherchann/YouTube)



SCREENSHOT

Twitter

@metropicks asked: Some condos are being built with separate entrances for wealthy residents and less wealthy ones. In New York this practice has been banned. Should 'poor doors' be allowed?

@SamKolahi: Why stop there? Maybe, we should have 'poor lanes' on our roads. #shameonyou #ridiculousness

@kingperry: Ugh poor doors. Do we really want to provide opportunities for lower income families or maintain the same buffer of separation??



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Dodgeball: It's not just for high school anymore

If you can dodge a wrench... Not only does Canada have a national dodgeball team, but they're really good



BACKSTAGE PASS

Jen Traplin
ottawa@metronews.ca

Step aside, hockey. There's a new national sport on the rise — dodgeball.

This past June, Canada's national men's dodgeball team took the top spot at the Dodgeball World Championship in Hong Kong, beating their American opponents to win the gold medal for the second year in a row.

Ottawa's Tony Nguyen is a member of the men's team and the coach of the women's national dodgeball team. He's been playing competitively for about 10 years.

"I love it — I love the game," he confesses. "I'm a very competitive person, I play a number of sports, but dodgeball has always been one my heart really sticks to. It allows me to be a kid again."

Nguyen's dodgeball career began as a bit of a fluke — he and some friends saw an ad in the paper for a dodgeball tour-



Captain of Canada's national women's dodgeball team Lyn Kirkpatrick and teammate Amelie Byam pose with men's team members Spencer Sarault and Tony Nguyen. CONTRIBUTED

nament. Remembering how much fun the sport was when they were in elementary school, they registered as a team and ended up placing third.

Now he travels all over the world playing dodgeball, which can be tricky business. Dodgeball isn't a sanctioned sport in Canada and the sport's international governing body, the

World Dodgeball Federation, is still in its infancy. That means some aspects of the game tend to vary from region to region.

"We play with foam balls," says Nguyen.

"The sizes vary and then there are various formats or styles — some will play with four seven-inch balls or there could be six seven-inch balls or

four 8 1/4 inch balls."

But in the United States, for example, players often use rubber balls.

Nguyen and his teammates, a handful of whom live in the Ottawa area, are confident that based on how quickly the sport is growing, there will soon be a worldwide consensus on the general rules of dodgeball,

which would make competing internationally much more efficient.

He admits more money would also help. Until the federal government officially sanctions the sport, the team doesn't receive any funding.

"We're hoping back-to-back gold medals makes achieving that goal a little easier," he says.

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Sebastien Grainger, left, and Jesse F. Keeler of Death From Above 1979 decided it was time to bury the hatchet and make a second album. TORSTAR NEWS SERVICE

Death From Above 1979 finally roars back to life

The Physical World. Estranged indie rock duo reunites for first official album in nearly a decade, to the delight of ravenous fans

Time and space have been good for the inner workings of Death From Above 1979, but drummer/vocalist Sebastien Grainger has a different take on the situation.

"We don't need space to make this band work," he says. "We need proximity."

Death From Above released *The Physical World*, its first album in a decade — and only the second of its career — this past Tuesday, ending a long silence by one of Toronto's most revered post-millennial indie-rock acts.

Few observers were optimistic it would ever be broken when the duo blew apart in 2006. But the band roared back to life decisively this week, setting up a pop-up shop (and tattoo parlour) on Queen Street West on Wednesday and Thursday that might possibly be the site of the "small shows" that Grainger recently predicted via Reddit. The band also plays Riot Fest at Downsview Park on Saturday.

Even when the bad vibes

from the split had cleared and Grainger and bassist Jesse F. Keeler started speaking again for the first time in five years — en route to some high-profile reunion gigs at the SXSW, Coachella and Lollapalooza festivals in 2012 — the pair still viewed the prospect of a new record with suspicion.

It was something they wouldn't consider, says Grainger, "until we'd kind of proved to ourselves that we enjoyed it and that people were enjoying it."

The fact that a lot of people were thirsting for more DFA became clear when its return to the stage at Austin's Beauty Bar for SXSW in March 2012 provoked a riot amongst fans, who tore down the venue's back-alley fences to get into the performance.

Grainger and Keeler, however, fretted from the get-go that they didn't have any fresh material for the reunion and were conscious of prematurely becoming a nostalgia act, so they cautiously began testing new tunes in the set lists on subsequent tours until the public reaction felt right.

"There's a certain goodwill that's extended toward reunion bands," says Grainger. "At a certain point, we didn't want to be a reunion band anymore."

Quoted

"There's a certain goodwill that's extended toward reunion bands. At a certain point, we didn't want to be a reunion band anymore."

Sebastien Grainger, Death From Above drummer, on the band's new album

"We're playing this music that is Seb-and-Jesse 'skill level' in 2003, when we actually recorded the record. And now, here we are with all these additional tools in our tool box — skill- and music- and concept-wise — and we're still playing these same things," says Keeler. "For me, we either had to stop playing again, because it was just like 'All right, that's the thing you were talking about years ago and now we've done it and we're done,' or we did this. It had to be a living thing for us to continue with it."

Both sides of the DFA partnership established themselves as individual talents during their time apart.

Grainger made a couple of well-received, classic-rocking solo records and a curious EP with Tangiers' Josh Reichmann as Bad Tits.

Keeler most notably

linked up with producer Al-P as the dance floor-destroying electronic duo MSTRKRFT.

Those outside pursuits — which, the band points out, far eclipse the DFA oeuvre in terms of minutes committed to tape — have also made it much easier to work together again.

Both Keeler and Grainger are more comfortable in their own skins and, likewise, to take the heavy moments on *The Physical World* to heavier places, while pursuing their pop inclinations to even poppier extremes.

"There was a pressure in the first era, where I felt like I wasn't a complete artist, and this band was all I knew as far as a band or, like, success went," says Grainger.

"It didn't resemble anything else that I was into. It didn't sound like anything else that I liked, so I was like: 'Well, I wanna do all this other stuff.' I don't have that impulse anymore. I can do it if I want to."

"And there's also no ego involved in this era of the band because we know what we do, we know what our dynamic is in this band, we know what our roles are in this band and we respect what we do outside of the band. So it's quite a bit easier now, I think, in that regard."

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MTV pioneer is steering the next wave

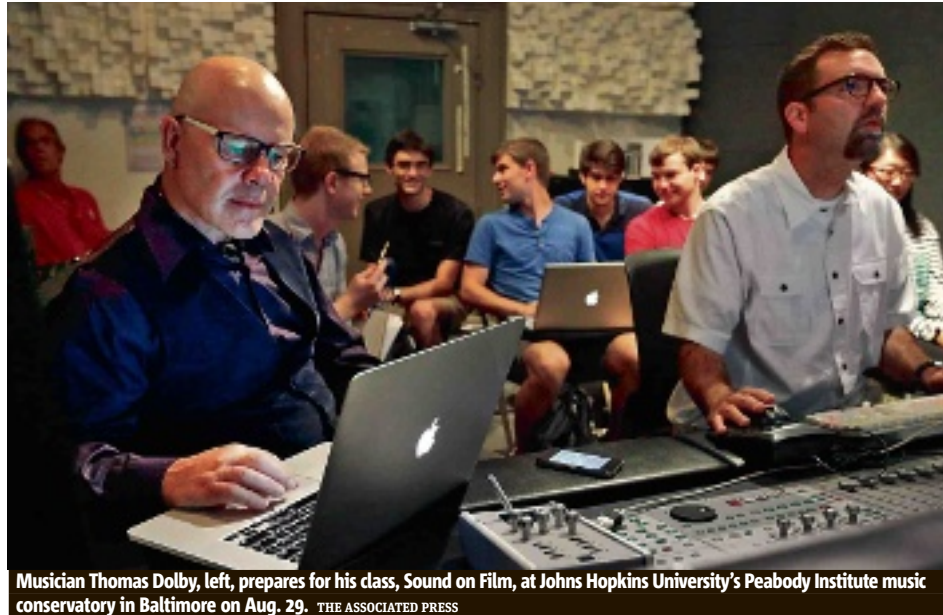
Thomas Dolby. Synth-pop rock star who wrote *She Blinded Me With Science* now a music/film professor at Johns Hopkins

Before composing his 1982 synth-pop hit *She Blinded Me With Science*, Thomas Dolby sketched out the storyline for the music video.

That's not just rock 'n' roll trivia — it's one of the experiences Dolby can lean on as he teaches film and music students at Johns Hopkins University, a school known more for medical science and research than the arts.

Not bad for a guy whose formal education ended at age 16.

"When I saw the arrival of music videos, I thought it was actually a new opportunity for me to, you know, break through. And I was very lucky that I caught the crest of that wave," Dolby said last week. "*She Blinded Me With Sci-*



Musician Thomas Dolby, left, prepares for his class, *Sound on Film*, at Johns Hopkins University's Peabody Institute music conservatory in Baltimore on Aug. 29. THE ASSOCIATED PRESS

ence was really, truly a soundtrack for a music video."

The wacky video, about a home for demented scientists, became a favourite on MTV, then about a year old, helping propel the song to No. 5 on Billboard's U.S.

charts. Dolby, 55, released three more albums over the next 10 years that cemented his reputation as an electronic music pioneer.

In the 1990s, Dolby moved on to film and video-game

con Valley company that created software enabling cell-phones to produce musically rich ring tones.

Last year, he released a short film, *The Invisible Lighthouse*, inspired by the decommissioning of a light-

Quoted

"I was very lucky ... *She Blinded Me With Science* was really, truly a soundtrack for a music video."

Thomas Dolby, musician-turned-professor

house near his home in Suffolk, England. He shot it with inexpensive cameras.

"I've always been very much a DIY artist," said Dolby, whose real name is Thomas Robertson. He earned the nickname Dolby because when he was young, he lugged around a portable cassette tape deck featuring Dolby Laboratories audio technology.

Never comfortable with music industry middlemen, Dolby relishes the freedom his 12 students have to market their work online.

"The bad news is that there's 10,000 other guys trying to do the same thing."

Dolby began teaching his *Sound on Film* class Friday at

Hopkins' Peabody Institute music conservatory.

"Somebody that is a concert pianist and composer, but knows nothing about marketing, about branding, about technology, is going to have more of a challenge," he said. "So, part of the goal of the course that I'll be teaching here is to give students practical skills that will enable them to get the job done, and, in this case, it's all about filmmaking and film score composition."

School administrators can hardly believe they've landed a bona fide rock-star professor. Paul Mathews, a Peabody associate dean, was stunned when Dolby applied for the post in January.

Students were less familiar with his work.

Jameson Dickman, a string bassist from Washington state pursuing degrees in recording arts and acoustics, said he did a little research on Dolby to prepare for the class but, "I actually, honestly don't know a whole bunch about him."

THE ASSOCIATED PRESS

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"Number one job site" based on five-month average online job postings for period ending June 30, 2014. Comparison between Workopolis and all other major paid online job boards. Does not include online classified sites or job posting aggregator sites. Statistics provided by WANTED Technologies. © 2014 Workopolis.





Angelina Jolie and Brad Pitt GETTY IMAGES

Angie honours her mom with pin, ring and a rock

Details about Angelina Jolie and Brad Pitt's nuptials in France last month are coming out, thanks to People magazine.

And chief among them? The efforts Pitt and Jolie went to include the memory of her late mother, Marcheline Bertrand, who died in 2007 of ovarian cancer.

"Brad had a dedication to Marcheline engraved inside the chapel where we stood," Jolie tells the magazine. "I also wore a little flower ring that was hers, and (my brother) Jamie wore an angel pin from her jewelry box."

The couple also took their vows atop a stone etched with a tribute to Bertrand.

Keys coy on new album, but next kid is on the way

Alicia Keys, who often releases albums in November and December, is preparing for another delivery at the end of this year: her second baby.

"December album? Well, I know one thing. I'm having a December baby," the singer said with a laugh Tuesday.

Keys says she and husband, producer-rapper Swizz Beatz, know the sex of the baby, but that she's "not sharing." Their son, Egypt, turns four next month.

Keys' last album was 2012's *Girl on Fire*, which



Alicia Keys THE ASSOCIATED PRESS

won a Grammy this year for best R&B album. She was coy about when she will release her next album.

THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Connie to Gwyneth: 'All moms are working hard'



NED EHRBAR
Metro in Hollywood

Hey, remember back in March when Gwyneth Paltrow compared being a mom with a regular office job to being a mom who's a famous actress and decided her situation was tougher?

Well, Nashville star Connie Britton does.

"Our hours are long, but I would never compare what I do to what anyone else does," Britton tells Redbook. "Everybody's working hard and doing the best they can. If you're a mom, there's that pressure, we all face it. I'm constantly being

pulled in different directions. But that's the thing: moms are pulled and distracted. I would never say that's worse for me because I'm an actor."

As a refresher, here's what Paltrow said about the difference between her and, say, Diane Keaton's character in *Baby Boom* (because all of my references are terribly current): "I think it's different when you have an office job, because it's routine and, you know, you can do all the stuff in the morning and then you come home in the evening," Paltrow said.

"When you're shooting a movie, they're like, 'We need you to go to Wisconsin for two weeks,' and then you work 14 hours a day, and that part of it is very difficult. I think to have a regular job and be a mom is not as ... of course there are challenges, but it's not like being on set."



CeeLo Green GETTY IMAGES

Rape-related Twitter fight and ecstasy legal trouble end The Good Life for CeeLo

CeeLo Green's *The Good Life* won't be coming back to TBS for a second season, which makes sense considering that the former *Voice* judge's life isn't that good right now.

The cancellation news, first announced by the Hollywood Reporter, comes in the wake of Green's latest legal troubles and a rape-related Twitter meltdown.

Last week, Green pleaded no contest to giving a woman ecstasy without her knowledge

in 2012, although his plea maintained his innocence. He was sentenced to three years probation, 360 hours of community service and a year of weekly NA/AA meetings.

He followed that up by getting into a Twitter fight about rape and the nature of consent. "If someone is passed out they're not even with you consciously! So with implies consent," he wrote. "People who have really been raped remember."

Twitter



@TomArnold

Trainer had me take naked pics 2 show progress. They're disgusting but think I've proven last 30 yrs nothing can ruin my career.



@ChloeGMoretz

Wrote my first song ever tonight, shocked because I barely write poetry. Just kind of happened, wow, feeling proud of myself



@ConanOBrien

I don't even trust real clouds anymore.

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Lilac shades in full bloom

Power to the purple.
The light hues of summer are following frocks into the fall

TINA CHADHA
Metro World News

We can't believe summer's nearly done. (Did it really even take off?) And while we're not ready to part with barbecues in the park or day drinking on Fridays, we'll take solace in

knowing there's one aspect of our warm weather routine we won't have to give up: wearing soft hues.

Yes, a majority of your fall wardrobe will always consist of black and grey, but this season designers also showed everything from burly furs to mini dresses in pretty shades of pink and lavender. Which means, right about now, stores are stocking their racks with some lighter options for you.

Now, pairing your summertime go-to Birkenstocks with socks? We're on the fence about that one.



Topshop Fisherman crop sweater, \$56. [TOPSHOP.COM](http://topshop.com)



A.L.C. Tonne skirt, \$495. [SHOPBOP.COM](http://shopbop.com)



Zara leather court shoe, \$89.90. [ZARA.COM](http://zara.com)



Grafea Hari backpack in lilac, \$348. [ASOS.COM](http://asos.com)



A lavender-laden model walks the runway at the Glaw show during the Mercedes-Benz Fashion Week Spring/Summer 2015 in Berlin, Germany. [PETER MICHAEL DILLS/GETTY IMAGES](http://petermichaeldills.com)



AX Armani Exchange bomber, \$168. [ARMANIXCHANGE.COM](http://armanixchange.com)



Ted Baker London Nevla coat, \$525. [TEDBAKER.COM](http://tedbaker.com)



ACNE Studios sweatshirt, \$220. [NET-A-PORTER.COM](http://net-a-porter.com)

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Handbag heroine Minkoff inspired by art and eras past

Five minutes with... A global lifestyle brand leader gets to talking

TINA CHADHA
Metro World News

What's the inspiration behind your Spring collection?

I wanted to emulate the colours prominent in the '70s photography of Deborah Turbeville, who is the inspiration behind the entire collection. Much of her work during the boho-chic era of fashion included soft-faded hues and sepia tones, and you'll see colours similar to these on the spring ready-to-wear and handbags.

What's your favourite trend for fall? Or what are you looking forward to wearing?

I'm looking forward to the shearling trend. I have a great shearling jacket that I showed for fall that I'm excited to wear when the temperature drops.



Rebecca Minkoff is a fan of normcore. Can you blame her? DANIELLE KORSAN / METRO

How did you say farewell to summer?

I worked on Labour Day — styling the show and casting

models.

What are your thoughts on normcore, the fashion trend that promotes unpretentious unisex design?

I'm loving the normcore trend. The idea of wearing sneakers and being considered fashionable at the same time is amazing!

What was your main form of procrastination while working on your spring collection?

I was expecting my little girl, Bowie, while I was working on my spring collection. Not necessarily a procrastination, but definitely something that I was preoccupied with!

Simple and splendid

The idea of wearing sneakers and being considered fashionable at the same time is amazing!

Rebecca Minkoff

Canadian street style

Spotted in: Toronto

Name: Paula

Age: 21

Occupation: Student

What she's wearing:

Blue converse shoes, Zara top and black shorts, Coach purse and H&M earrings.

Her inspiration:

"My style all depends on what mood I am in. I absolutely love Beyoncé and Rihanna's style, and for sure draw inspiration from certain people I follow on Instagram."

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Trends Report

From mesh to sweats, stylish men everywhere are showing some skin down there — in crop tops. Go online to Trends Report to see guys in crop tops from high fashion to casual, and let me know what you think about the trend.

• Online. metronews.ca/trends-report

Photo: Getty Images, design by Franziska Michael at Mercedes-Benz Fashion Week Spring/Summer 2015.



BAYSHORE BLOG FILES

BAYSHORE SHOPPING CENTRE INTERVIEWS THE HOTTEST BLOGGERS AND TRENDSETTERS!



ALYSSA BELTEMPO

Location: Ottawa

Blog: msbeltempo.com

FAVE TRENDS FOR SPRING/SUMMER?

Pleated skirts (so demure and feminine!), oxfords, and the rising popularity of the simple button-down!

WHAT IS YOUR STYLE PHILOSOPHY?

Only wearing pieces that I 100% love and feel great in and the importance of a well-edited wardrobe. This is reflected through the blog mostly through outfit posts where the majority of my pieces are old because I've had them for so long or where I'll repeat an item several times in different ways because I don't have a lot of clothes!

ANY FASHION ADVICE?

It's hard to revamp your style if pieces you don't wear or love are taking up valuable real estate in your closet. Before any revamping, go through and weed out everything you don't absolutely love and wear often. Then make a list of items that you like (based on what is remaining in your wardrobe) and things you need so that you know what to look for. When shopping, look for trendy pieces with longevity like a metallic shoe, pleated skirt or pencil skirt. These are trends right now but also classics that will stay in your closet for a while!

FAVE PLACES TO SHOP?

A lot of vintage shops, as well as H&M, Hudson's Bay, Zara and HomeSense/Winners.

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Meet little lady Lagerfeld

Mini mogul. Barbie Lagerfeld to make her debut during Paris Fashion Week

In July, Mattel announced its partnership with Karl Lagerfeld to create an exclusive new Barbie.

Now, in addition to unveiling the first two photos of the doll, the brand has set a date for the much anticipated release.

Dressed and styled by Karl Lagerfeld, the new Barbie will go on sale September 29, in the midst of Paris Fashion Week.

Clearly more than a mere toy, Barbie Lagerfeld is a serious collector's item produced in a limited edition of 999 dolls, each priced at \$200.

Fans will have to act fast to get their hands on one of the exclusive dolls, which will only be sold in select Karl Lagerfeld stores, at Collette in Paris, and online at thebarbiecollection.com and Net-a-Porter.

This unique Barbie doll sports a black jacket, a white men's dress shirt, a black satin cravat and fitted black jeans.

Of course, the outfit would not be complete without miniature versions of some of Lagerfeld's signature accessories, like black fingerless gloves and sunglasses.

A black leather clutch with metallic accents and black ankle boots round out the look. **AFP**



Karl Lagerfeld poses with the Barbie inspired by his signature look.

MATTEL / KARL LAGERFELD / AFP

Twitter



JEANNE SPACE

Jeanne Beker
life@metronews.ca

TWITTER ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.



Staging photo shoot @designexchange for @macleanmag with @jeremyiaing Margaret Trudeau 1977 outfit to my left #DXPOF



Barista in training @kawarrhacoffee #Bobcaygeon

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Seat herbivores and carnivores at the same table

Grilled Vegetable Shawarma with Tahini Dressing with Lamb Flex Appeal.

This dish starts with a vegetable base and adds meat — or not

1. In a tagine or a skillet with a lid, heat 2 tbsp (30 ml) oil over medium-high heat. Sauté the onion for 4 minutes. Add the remaining oil and the eggplant and mushrooms and stir to mix well. Cover, reduce the heat to low and cook, stirring occasionally, for 12 minutes or until the eggplant is soft. Stir in the garlic, cumin and spinach. Cover and cook, stirring occasionally, for 2 minutes or until the spinach has wilted.

2. On a work surface, lay out pitas. Spread Tahini Dressing (see below) over each pita, leaving a 1-inch (2.5 cm) border around the edges. Spread onion-eggplant mixture down the centre of each pita. Fold sides of the pita around the filling and secure with toothpicks. Serve

Ingredients

- 3 tbsp (45 ml) coconut or avocado oil, divided
- 1 onion, sliced
- 2 cups (500 ml) cubed eggplant
- 1 cup (250 ml) sliced mushrooms
- 2 cloves garlic, finely chopped
- 1 tsp (5 ml) ground cumin
- 2 cups (500 ml) spinach leaves
- 4 pitas, warmed
- 1/2 cup (125 ml) Tahini Dressing (recipe follows)
- tzatziki (optional)

Flex Appeal

- 1 tbsp (15 ml) coconut or avocado oil
- 2 bone-in lamb leg chops (about 6 oz/175 g)

Tahini Dressing

- 1/4 cup (60 ml) mayonnaise
- 2 tbsp (30 ml) tahini
- 1 clove garlic, minced
- 2 tbsp (30 ml) freshly squeezed lemon juice

with tzatziki, if desired.

Flex Appeal

1. In skillet or cast iron grill, heat oil over medium-high heat. Cook lamb chops 3 minutes per side. They should show



This recipe serves four. The Flex Appeal serves two. PAT CROCKER

some pink inside (145 F/63 C for medium-rare).

2. Cut into strips and spread over the vegetables on 2 of the pitas in step 2 above. If you

have coloured toothpicks, use a different colour to secure the lamb shawarmas.

Tahini Dressing

1. In a bowl, combine the

mayonnaise, tahini, garlic and lemon juice. **RECIPES EXCERPTED FROM FLEX APPEAL: A VEGETARIAN COOKBOOK FOR FAMILIES WITH MEAT-EATERS BY PAT CROCKER AND NETTIE CRONISH (WHITECAP BOOKS, 2014)**

Cookbook of the Week

Marry, eat and veg



Flex Appeal by Pat Crocker and Nettie Cronish shows you how to make healthy choices that will impress even the staunchest meat-and-potatoes eater. Billed as a vegetarian cookbook for families with meat-eaters, most of the meals offered begin with a delicious vegetarian base and add a suggested meat to the dish or on the side. Among the recipes are Cauliflower and Coconut Curry Chowder, Quinoa Taco Salad and more. **METRO**

Appetizer. Feta-Stuffed Figs with Prosciutto Flex Appeal a sweet treat

“This recipe is super easy and superb, but relies on plump, fresh figs,” writes Pat Crocker in Flex Appeal.

“The soft, almost over-ripe, squishy texture of fresh figs makes them precious when they are at their best.

“Sun-loving figs are grown in warm places around the world and must be carefully packed so that they do not split and spoil before (or just after) you get them. If you live in British Columbia, California or the southern U.S., local figs are available in early summer and again in late summer or early fall.

“If fresh figs are not available, you can substitute fresh dates.”

The book also notes that, “You can use Adriatic, Black Mission, Calimyrna, Kadota or Brown Turkey figs (in photo) for this recipe. Some,



This recipe makes 12 figs. The Flex Appeal makes six. PAT CROCKER

such as Black Mission, are much sweeter than others, so experiment with as many varieties as you can find.”

1. Slice the figs from the top almost to the base. Turn and slice at a 90 degree angle almost to the base.

2. Press 1 feta cube into the centre of each fig.

Flex Appeal

1. After step 2, wrap a slice of prosciutto or ham around the outside of 6 of the feta-stuffed figs. Secure with a toothpick.

For your phone

Sweet 'N' Spicy Indian Recipes (iPad/iPhone; free)



MIND THE APP

Kris Abel
@RealKrisAbel
life@metronews.ca



This well-organized collection of Indian dishes offers thousands of recipes and videos, each with an allergy and calorie guide.

Try making spicy Dal Makhani, Butter Masala, or yummy coconut Laddoos.

Swing by the Byward Market for fresh in-season products! Back to school often means back to healthier eating habits. Stop by the market stands and the retailers for beautiful, yummy foods!

The Demo Corner activities continue from Thursday to Sunday with product of the week samplings and live cooking demos by local chefs.

byward-market.com

Ingredients

- 12 ripe fresh figs
- 4 oz (125 g) feta cheese, drained and cut into twelve 1/2-inch (1 cm) cubes

Flex Appeal

- 6 slices prosciutto or thinly sliced cooked ham

Fade into fall with ombré

What goes from light to dark and adds drama to any space? A decorative treatment called ombré. The term is a French one, meaning gradation, and it describes a gradual progression of colour or tone that lets the eye travel calmly without any harsh visual interruptions. It's definitely a casual look that helps soften a room, and allows light and bright to harmonize with deep and dark. Ombré can be incorporated almost anywhere from small household accessories to large furniture pieces and painted wall treatments.



**DESIGN
CENTRE**
Karl Lohnes
home@metronews.ca



Simple handmade baskets get a jolt of modern colour. Gaddis basket, \$6, ikea.ca.

No ladder needed for this wall treatment; simply fade the paint colour away at arm's length to get an ombré effect.

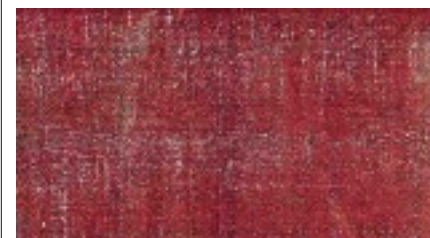


DESIGNERS GUILD

Soft grey and white creates a soothing yet crisp tabletop. Vera Wang Wedgwood Simplicity Ombré Dinnerware, \$90, bed-bathandbeyond.ca.



Semi-antique rugs get new life with a gradual over-dye of colour. Hand-Knotted Colour Transition Red Wool Rug, 4.5 x 7.5 feet, \$268, ecarpetgallery.com (No. 56554).



For those who like to create a spa feel for the bath. Aqua Ombré Chenille Bath Mat, \$25, simons.ca.



The simplest way to add trends to a bath is with linens. Designers Guild Saraille Lime Towel, from \$16, putti.ca.



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TRANSITION INTO FALL FASHION

DONATE SUMMER CLOTHES AT VALUE VILLAGE

The fall fashion season is upon us. How is your closet going to adapt?

With bulky coats, sweaters and other cold-weather garments coming onto the shopping scene and out of storage, fall is a time of transition.

Why not donate the summer clothes you no longer need at Value Village?

Value Village partners with local not-for-profit organizations so every purchase helps provide sustainable funding for vital community programs and services. Every item you donate helps.

"Spring and fall are typically the busiest time for donations," says Janelle Robertson, general manager for the National Diabetes Trust (NDT), operator of Clothesline, a fund-raising program across Canada that enables donors to give away their gently used clothing, small household items and electronics, year-round.

Clothesline partners with Value Village to receive donations for the items it collects. Proceeds support the Canadian Diabetes Association and the more than nine million Canadians living with diabetes or prediabetes — so buying from and donating at Value Village or Clothesline are good for the community.

Because Value Village only puts top-quality donated items into the store, Value Village



CONTRIBUTED

is the perfect place to look for cost-effective, cool-weather fashion this fall. At Value Village a like-new wool coat can cost as little as \$15 — a deep discount from the \$200-plus price tag you may find on a new coat.

"Last year, our sales from Value Village helped the Canadian Diabetes Association invest more than \$7 million in diabetes research

and operate 12 summer camps for more than 1,600 children and youth with Type 1 diabetes and their families, and more," Robertson says.

Donate at Value Village through Clothesline. You can drop your items off in person at one of the more than 2,000 donation boxes across the country, or schedule a free pick-up at your home. Call 1-800-505-5525 or visit dia-

KEEP YOUR CLOSET GREEN

As the leaves turn red and orange, keep your home and clothing purchases green by shopping second-hand.

Value Village works with local community organizations to give Canadians an eco-friendly place to shop.

Clothesline, one of the non-profit organizations Value Village partners with, diverts more than 48 million kilograms of clothing, household items and electronics away from Canadian landfills per year.

This translates into a savings of 876 million kWh of energy, and reduces donors' carbon footprint by 120 million kilograms of CO2 emissions — the equivalent amount of CO2 emitted by driving a car 43,000 times around the globe. Put another way, the reduction in pollution has the same effect as saving 8.6 million trees.

Since you are making the transition to a warmer wardrobe, it's the perfect time to reconsider what's in your closet, and recycle everything you don't need anymore.

Keeping your closet green is just one of the many great reasons to donate.

betes.ca. Find a drop box near you by visiting diabetes.ca/dropbox.

For more, visit valuevillage.com.

— Stephanie Orford

Fresh look for your home decor

Fall fashion isn't just for your closet. It's also for your home.

This fall, let the season inspire your home decor. You can get great deals on furniture, home wares and other items at Value Village.

Do-it-yourself interior designers can find just as much or more selection at Value Village than they could find at a department store.

Here are some ideas for DIY fall decor:

PAINT

A fresh coat of paint can give an unassuming piece of furniture a brand new personality. Try fresh white for simplicity, or make the piece pop with a fall colour such as wine, pumpkin or forest green. Crackle-effect paint can give the piece even more richness.

All of a sudden that unassuming table, chair or desk is the room's centrepiece.



For post-secondary students and others on a budget, this is a great way to save money and take your home decor to the next level.

REPURPOSE

Convince your visitors of your decorating genius by making or repurposing other furniture. Make a coffee or side table from an old luggage trunk or suitcase to give yourself extra storage space.



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A beautiful blanket provides a practical accessory to warm up and add colour to your seating area, and can double as a wall hanging. The textiles you will find at Value Village are one-of-a-kind.

MIX AND MATCH

Some of the most charming dish sets aren't sets at all. A set of mismatched plates, bowls



SHUTTERSTOCK PHOTOS

and cups will lend eclectic charm to your dinner parties.

FRAME IT

Value Village is a great source for vintage picture frames. Use them in decorations of all types, whether it's to frame your current art, the hall mirror, or simply to display a beautiful frame on the wall.

— Stephanie Orford

Back to School Savings



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As a special end-of-summer gift to our readers, Metro brings you the first chapter of *The Afterlife of Stars*, the newest book by award-winning author Joseph Kertes. During this week, we've been introduced to the Beck brothers, two young boys grappling with the world around them as Russian tanks roll into Budapest during the final days of the Hungarian revolution. In **Part 3** of four, the brothers slip out of their house and head towards Heroes' Square.

The Afterlife of Stars

After that, things moved quickly. Our father told us we could each take what we could carry, no more. I snuck out again to the front room, peered in, making sure there was not a single Russian in the room. Then I ran to the sideboard, no longer watched over by the two-headed eagle, and removed a golden cup and saucer. They looked as if they might have come from a Grecian palace, but they were small, like children's dishes. My parents drank espresso coffee out of them when we had company. I hid them in my shirt and slunk away toward the bedroom. I dashed out again one last time, snatched Attila's Spitfire drawing off the wall, opened my shirt, slipped it past the buttons and slid it all the way to the back above my belt before buttoning up my shirt again.

I ran into the Russian soldier in the hall and thought I'd been caught. My face burned. Instead of stripping me of my booty, he handed me a Russian nesting doll — "*matryoshka*," he called it — and I bowed, feeling the corners of the picture frame claw my skin, before retreating to my room. I slipped the picture under my bed. The brightly painted *matryoshka* doll came apart, and I found that a succession of smaller dolls lived inside, all the way down to a puny one. She was a colorful wooden bean, little more.

As I admired them, Attila said that I was a girl, so I countered with my cowboy hat, spurs, cap gun and holster, all of which I placed in my satchel with the reassembled *matryoshka*. With my back to Attila, I rolled my cup and saucer each into its own sock, pulled his drawing out from under the bed, and finally I added my marzipan monkey, still blanketed in the linen cloth from Gerbeaud. The cloth had a "G" monogram.

"Come with me, my one true love," Attila said behind me.

"Where?"

"Just come. I want to show you something, over by Heroes' Square. I hear something is happening there."

"Where the big Stalin is? The statue?"

He nodded. "Just come."

"Shouldn't we tell somebody we're going?"

"Not if we want to get out of here. We'll be back before



Attila and Robert head towards Heroes' Square, which Robert recognizes by the big Stalin statue. ISTOCK

anyone notices, don't worry."

Of course we wouldn't be, but I knew better than to argue. From the fierce and determined look on my brother's face, I had a hunch he was taking me to where there were twice as many hanging men as I had seen, and that his hanging men would be Russians, not Hungarians.

We slipped by the commotion in the kitchen, and Attila took me on a trot through the confused streets of our city, streets full of people not going about their business as they might, but looking alarmed, whispering rather than talking to one another. Nobody looked tired or bored, as some did on other days.

Attila had me by the hand. Everyone was pulling hard on my arm these days. We were walking briskly down Andrassy Avenue when a tall woman came out of a white building, a woman with long, straight black hair, wearing a black hat as wide as an umbrella and a black satin cloak which flowed and fluttered with each powerful step she took. She was coming straight toward us. My brother wanted to pick up the pace, but I slowed us down. I was staring.

"What do you want with her?" my brother finally asked.

I stopped altogether.

"Want?" The woman had black eyes, black eye shadow.

"Do you want to take her home with you?" Attila said.

"She's a black limousine, rearing up on her hind wheels."

She saw us, saw Attila and me looking, and glared at us before crossing the street, though she could easily have run us over.

When we turned a corner, we just about ran down a man ourselves, a beggar holding out his hand. Attila stopped. He seemed to be out of breath for some reason. The man was a Gypsy, propped up against a bakery whose window had been shattered. In the window, a single, dingy lace curtain clung to its rod, shaking its head no in the breeze, "no." I could see a loaf of bread inside on the counter, and a cake that looked blue in the light.

The poor man stood out of the wind on his only leg and held out his only hand. He was like a badly designed tree, with a single branch held out to catch rain.

"What about today?" the man said to us.

"Today?" Attila asked.

"Yes," the Gypsy said.

"I don't know," my brother said.

The man had a crutch lying behind him, together with a battered violin. "Are you back now?" he asked, his hand still held out to us.

My brother looked at me. I expected him to say, "Let's go," but instead he wanted to stay.

I found a single coin in my pocket, put my hand around it. I stepped up and said, "Yes, we've been away, but now we're back. Have you been waiting for us?"

"Oh, a young girl," the man

the man said. "The old girl is like a pet I don't have to feed much," he said, laughing. "Are you two musicians?" We didn't answer. "No, of course you're not," he said. "You're someone I stopped on the way to something. That's what I do, stop people on their way to something else."

A young woman flew by us. I could see the whites of her eyes. She turned down an alley between two tall gray stone buildings. She scared me. I thought she was coming right at us. It was impossible to tell whether people were running to something or from something.

My brother said, "Actually, I am a musician." He was grinning again.

The man lowered his begging hand and said, "What do you play?"

"I play piano," he said, "and my sister sings."

"Do you?" the man said, genuinely pleased. I pulled on my brother's arm now. I felt we should give the man a coin and go. The Gypsy said, "What sorts of things do you sing and play?"

"We can do 'Pur ti miro' by Claudio Monteverdi."

"Ah, the duet."

He began to hum, and though I had never heard it myself, I said, "Yes, that's it."

"Can you do anything by Bizet? Can you perform some songs from Carmen?"

"Yes, my sister can, some of them."

"Can you sing 'Habanera'?"

I wanted to tear my brother to pieces. I felt my breakfast coming up.

The man started to sing himself, with a sad, raspy voice. If he had not been blind, I'm sure he would have closed his eyes. Now my brother wanted to leave, but I stood firm. I felt suddenly warmed by the song, warmed by the poor man. My grandmother had played the record a hundred times. I started singing along with the man, every word, without knowing what the French words meant.

*L'amour est un oiseau rebelle
Que nul ne peut apprivoiser,
Et c'est bien en vain qu'on l'appelle,
S'il lui convient de refuser.
L'amour! L'amour! L'amour!
L'amour!*

I stared into the man's face. I was sure I could see the thoughts moving behind his

Online only

We have more on
The Afterlife of Stars
at metronews.ca

- **Author talk.** Have a question for Joseph Kertes? The author will be hosting an online live chat today starting at 1 p.m. EST. You can submit your questions at metronews.ca.

eyes like bits of glass. He said, "You have nice tone, young lady."

"She does," my brother said. "That was nice," he said to me, and I think he meant it.

"Now, listen," the man said. I was still holding his violin, and he pushed it up against me. How did he even know I'd been holding it? "It's magic, listen."

I put my ear against one of the extra holes in the instrument's belly, as if it were a sea-shell.

"Can you hear that?" I heard nothing. "Can you hear the song?"

I could hear a wet wind now and was sure I could hear the river. "What kind of wood is it made of?" I asked.

"Violin wood," he said, "from the violin tree."

I offered it to Attila to try, but he declined. He wanted to go. I set down the violin where it had lain. The torn awning above our heads flapped. I reached for the Gypsy's hand to give him my coin, and his hand closed greedily on mine.

"We have to go," I said.

He brought my hand up close to his lips. "I hope you have a very good reason for coming back, young lady," he said to the hand before letting it go. I glanced at it to see if it had been soiled. I wanted to wipe it on something.

"I do," I said.

"Yes," my brother said.

Another cold breeze blew up, and I shuddered.

The man still aimed his blind gaze at us. "It must be good," he said. "You must have a very good reason. Life and death."

Attila turned away from the man, suddenly panicked. He gave me a painful yank this time, and we took off toward Heroes' Square.

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On the shelves

Get the book!

- Joseph Kertes' *The Afterlife of Stars* (Penguin Canada, \$22.95) is now on sale and is available in bookstores across Canada!



Win a copy

- Are you a fan of Joseph Kertes? You could WIN a signed copy of *The Afterlife of Stars*. For full contest details and to enter today visit clubmetro.com.

In Ottawa

Ottawa cops say Crosby's arrest 'never happened'

Ottawa police are denying a published report that they arrested NHL superstar Sidney Crosby.

QMI Agency quoted sources as saying the Pittsburgh Penguins captain was arrested late Tuesday while driving a rented Porsche.

The Ottawa police duty desk told The Canadian Press: "It never happened."

The Penguins said Crosby was "not in Canada" on Tuesday.

THE CANADIAN PRESS



Sidney Crosby
GETTY IMAGES

No. 1 overall draft pick

Ekblad, Panthers sign three-year, entry-level deal

The Florida Panthers and No. 1 overall draft pick Aaron Ekblad have agreed on a three-year entry-level contract.

Panthers general manager Dale Tallon announced the deal Wednesday. Ekblad was the Ontario Hockey League's top defence-man last season, with 23 goals and 53 points.

THE ASSOCIATED PRESS



Aaron Ekblad
THE ASSOCIATED PRESS



Kei Nishikori of Japan returns a shot against Stan Wawrinka of Switzerland during their quarterfinal match of the U.S. Open on Wednesday in New York City. Nishikori won his second four-hour-plus match in two days to become the first Japanese man in the U.S. Open semis in 96 years. STREETER LECKA/GETTY IMAGES

Breaking a sweat to break records

Another four hours. Nishikori needs five sets to beat Wawrinka, on to semifinals

Kei Nishikori became the first man from Japan to reach the U.S. Open semifinals in 96 years, outlasting third-seeded Stan Wawrinka of Switzerland 3-6, 7-5, 7-6 (7), 6-7 (5), 6-4 on Wednesday.

The match went 4 hours, 15 minutes, and the 10th-seeded Nishikori managed to shake off any lingering exhaustion

from his previous victory, which lasted 4:19 and ended at 2:26 a.m. Tuesday, equalling the latest finish in tournament history.

Nishikori began slowly against the Australian Open champion, but eventually got his bearings and used crisp returns and strong net play to edge ahead.

"Actually, I started a little bit tight, but my body was OK," Nishikori said in an on-court interview. "I don't know how I finished ... but I'm very happy."

In Saturday's semifinals, Nishikori will face No. 1 Novak Djokovic or No. 8 Andy

A long, long time

1918

The last Japanese semifinalist at the U.S. Open was Ichiya Kumagae in 1918. No man from the country had made it to the final four at any major tournament since Jiri Satoh at Wimbledon in 1933.

Murray, who each owns a U.S. Open title.

"Hopefully I can play 100 per cent tennis next round," Nishikori said.

Nishikori already was the first Japanese man to be

ranked in the ATP's top 10, having climbed to No. 9 in May.

Ekaterina Makarova of Russia advanced to the first Grand Slam semifinal of her career with a 6-4, 6-2 victory over Victoria Azarenka, a two-time Australian Open champion and the runner-up to Williams at Flushing Meadows in 2012 and 2013.

"I'm not going to make any excuses today," Azarenka said, shaking her head. "She deserves to win. She played much better than me today. That's it," said Azarenka.

THE ASSOCIATED PRESS

Bettman quashes expansion rumours

Commissioner Gary Bettman said Wednesday a report the NHL will expand by four teams was a "complete fabrication," and the league isn't looking to add any new franchises.

"The part of the story I found particularly difficult is: suggesting that we would sell four franchises for \$1.4 billion; (that) is way too low," Bettman said. "It undervalues our franchises."

Sports Business News reported via Twitter last week the NHL will expand into Las

Vegas, Seattle, and Quebec City while adding a second franchise in Toronto by 2017.

Bettman said there's plenty of interest from people wanting NHL expansion teams but added the league hasn't researched the issue.

Bettman and former prime minister Brian Mulroney helped launch TVA's arrival as the main French hockey broadcasters beginning this season. TVA is a privately owned French language television network based in Montreal.

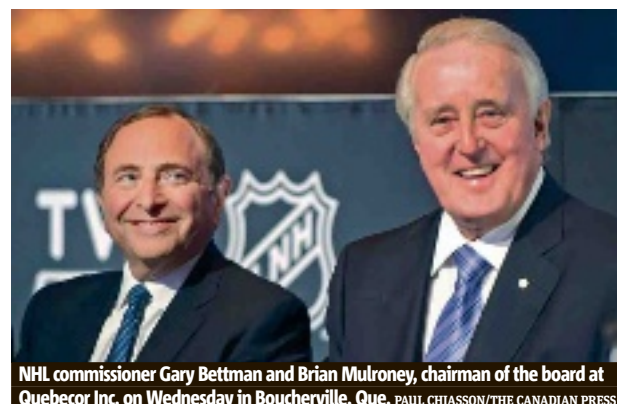
Too cheap

\$1.4B

NHL commissioner Gary Bettman says the \$1.4 billion quoted for four new teams to join the league is 'way too low.'

Mulroney is the chairman of Quebecor, the media company that owns TVA and hopes to land an NHL team in Quebec City.

THE CANADIAN PRESS



NHL commissioner Gary Bettman and Brian Mulroney, chairman of the board at Quebecor Inc. on Wednesday in Boucherville, Que. PAUL CHASSON/THE CANADIAN PRESS

Golf. Kirk not dwelling on Ryder Cup snub

Chris Kirk now has only one cup on his mind — the FedEx Cup.

Fresh off his victory at TPC Boston, Kirk arrived at Cherry Hills for the BMW Championship and saw a message from Ryder Cup captain Tom Watson. The conversation didn't last very long.

"He was pretty straight to the point," Kirk said Wednesday. "He just said, 'Congratulations on great play, but we're going to go in another direction.' He kind of started to explain his reasoning, and I wasn't rude at all or anything, but if you're not one getting picked ... the reasoning doesn't really matter a whole lot."

Watson instead took former U.S. Open champion Webb Simpson to fill out his 12-man American team, which will try to win the cup back from Europe. Watson said he didn't make his mind up until about 12 hours before the announcement, and he was swayed by a pair of 5-and-4 victories Simpson had with Bubba Watson at Medinah in 2012.



Chris Kirk GETTY IMAGES

Kirk took it in stride. The 29-year-old from Georgia doesn't show much outward emotion, even after winning big tournaments.

Plus, it wasn't hard to find the positives. His win at the Deutsche Bank Championship moved him to No. 1 in the FedEx Cup, meaning he will have a clear shot at the \$10-million prize and a five-year exemption.

"I just kind of told him, 'Hey, don't worry about it. You've got to do what you've got to do,'" Kirk said.

THE ASSOCIATED PRESS

FIBA World Cup

Faried leads U.S. in drubbing of Dominicans

Kenneth Faried kept up his sharp shooting with 16 points and the U.S. national team rolled to a 4-0 start with a 106-71 victory over the Dominican Republic on Wednesday night.

The Americans surpassed 100 points for the second time in the tournament — and they were "held" to 98 points in their other two games.

THE ASSOCIATED PRESS

PED scandal

Former head of Biogenesis to plead guilty

Former Florida clinic owner Anthony Bosch is expected to plead guilty at an October hearing to a drug distribution conspiracy charge in Major League Baseball's most recent performance-enhancing substances scandal.

A Miami federal judge on Wednesday set an Oct. 16 date for Bosch to enter the plea. THE ASSOCIATED PRESS

Cowboys sign Sam to practice squad

NFL. Former Missouri star one step closer to becoming first openly gay player in regular-season game

Michael Sam's second chance will be with the Dallas Cowboys.

Coach Jason Garrett said Wednesday the team added Sam to the practice squad.

The Cowboys, who are seeking help with their pass rush because of injuries and the off-season release of franchise sacks leader DeMarcus Ware, added Sam four days after he was released by St. Louis when teams had to cut rosters to 53 players.

Sam, who is trying to become the NFL's first openly gay player, isn't likely to be on the active roster for Sunday's opener against San Francisco.

Garrett said the move was "about football" and deflected any questions about the impact of bringing in Sam or how it might affect the locker room.

"That's your decision what question you want to ask," Garrett told a larger-than-usual crowd at his daily news conference.

"We're focused on football. That's where our attention is, and what people say outside this organization is really up to them."

Any team can sign Sam off the Cowboys' practice squad but would have to put him on



Michael Sam speaks to reporters after the Cowboys' practice on Wednesday in Irving, Texas. The Cowboys signed Sam to their practice roster earlier in the day. The NFL regular season begins Thursday night, which means last-minute predictions are in store. Scan the image of Sam with the Metro News app to see which teams Metro picks to make the playoffs. LM OTERO/THE ASSOCIATED PRESS

Quoted

"We want to make sure we are giving ourselves the best chance with young players."

Cowboys coach Jason Garrett, on replacing recently departed veteran players

the 53-man roster for a minimum of four weeks.

Sam's CFL rights are owned by the Montreal Alouettes, who placed the former Missouri star on their negotiation list, giving them exclu-

sive negotiating rights to the defensive lineman should he wish to play football in Canada.

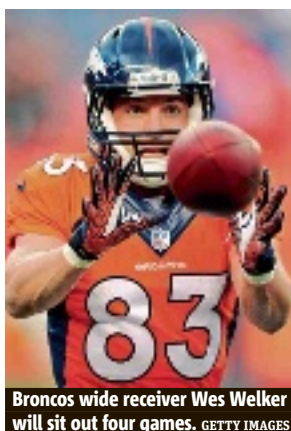
Being on the Dallas roster means Sam is returning to his home state. He was a lightly

regarded recruit out of Hitchcock, Texas, a town of about 7,000 along the Gulf Coast about 65 kilometres south-east of Houston. His first two years at Missouri, Sam backed up Aldon Smith and Jacques Smith, both of whom are in the NFL.

Dallas passed on Sam with three of five seventh-round picks before the Rams got him at No. 249 out of 256 selections in the NFL draft.

THE ASSOCIATED PRESS

Big names under suspension to start season



Broncos wide receiver Wes Welker will sit out four games. GETTY IMAGES

Wes Welker. Robert Mathis. Aldon Smith. Josh Gordon.

A solid quartet to put on any NFL field. Except that they are among 29 players suspended by the league heading into the 2014 season.

Among those big names, Cleveland's Gordon got the longest ban, sidelined for the entire season for violating the NFL's substance-abuse policy. His absence might be the most damaging, too, and not only for its length. A Pro Bowl wide receiver, Gordon was the only established target on the Browns, who figured to be an also-ran

Ravens RB grounded

Possibly the highest-profile suspension was the one handed to the Ravens' Ray Rice, who is out for two games for a domestic-abuse issue.

even with him in the lineup.

That Gordon's case lingered for weeks while appeals were heard, and was not decided until just before the season, didn't help the Browns, either.

"How it played out was not

ideal circumstances for us, obviously, but that's behind us," coach Mike Pettine said.

"You don't replace a Josh Gordon, a top-five NFL receiver, with just one player."

Welker's four-game suspension, announced Tuesday, shouldn't hurt the Broncos nearly so much, considering the other receiving talent on hand — and having Peyton Manning throwing to them. More harmful: Matt Prater's four-gamer, which takes away a significant weapon. Prater made 25 of 26 field goals in 2013. THE ASSOCIATED PRESS

ARCHANGEL

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— ELIZABETH ARANDA

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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Whatever your aims are right now they'll change dramatically over the next few days. In fact, what happens today or tomorrow will turn your plans on their head, so be ready.

♉ Taurus

April 21 - May 21

If there is something you've wanted to do but never got around to, you're about to get a chance. It's the ideal time to begin something creative.

♊ Gemini

May 22 - June 21

Sacrifices will have to be made over the next few weeks but they are worth it. The important thing is that you stay calm and don't do anything drastic.

♋ Cancer

June 22 - July 23

Sit back and stop worrying. That is the message of the stars today and if you're smart you'll heed it. Looking back, you will realize you got worked up about certain issues for no reason.

♌ Leo

July 24 - Aug. 23

You are doing more than enough as it is, so if someone asks you to help out today find a way to say "no". The last thing you need now is to be taking on even more chores.

♍ Virgo

Aug. 24 - Sept. 23

There is just no way a certain person is going to see things the same way as you, and if you can accept that fact you'll have an excellent day.

♎ Libra

Sept. 24 - Oct. 23

At some stage today you will realize how hard it can be to understand certain people. Take the hint and accept that people, like life in general, can be messy.

♏ Scorpio

Oct. 24 - Nov. 22

There is a task you have yet to complete and over the next 24 hours you must decide whether to carry on with it or give up on it. Clearly it doesn't inspire you, so why not just let it go?

♐ Sagittarius

Nov. 23 - Dec. 21

There is an easy and difficult route to the place you want to be. It may be tempting to take the difficult route just so you can impress others but why make life hard for yourself?

♑ Capricorn

Dec. 22 - Jan. 20

No matter how tough the challenges that come your way from now until the end of the year, you will handle them with ease. Take each day as it comes.

♒ Aquarius

Jan. 21 - Feb. 19

You've overlooked something that could make a difference to your future. Give it some thought and when you have found what it is make sure you make it central to your plans.

♓ Pisces

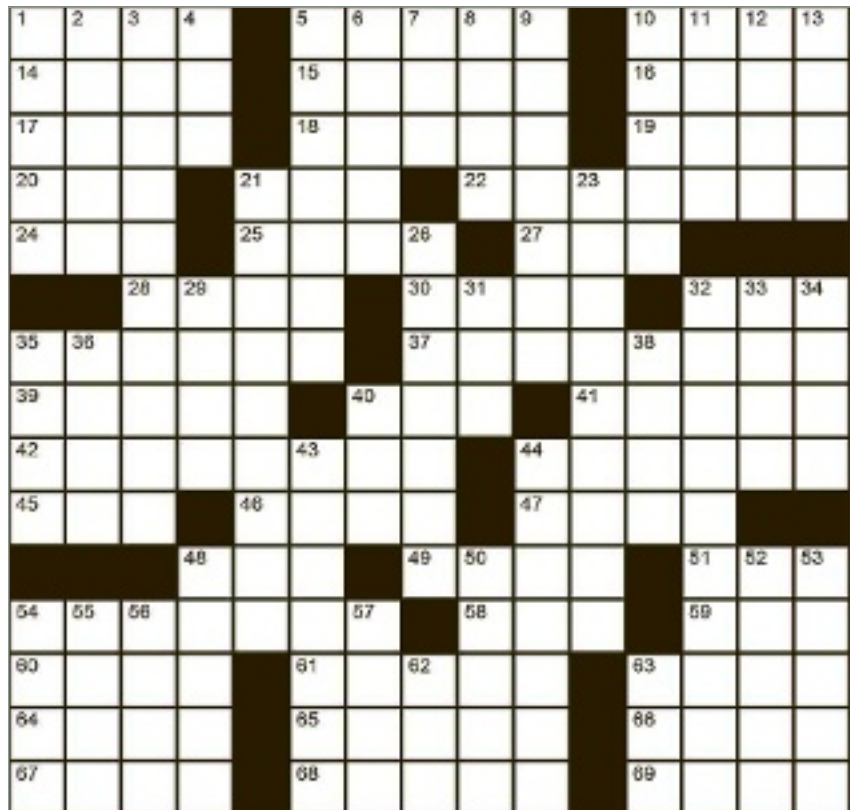
Feb. 20 - March 20

What happens today will urge you to question something you've taken for granted. Don't be afraid to change your thinking and long-term plans.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. ___ Meadows, BC
5. A funny Bob
10. Stages cycling race on now, ___ of Alberta
14. Ryan Gosling movie, "___ and the Real Girl" (2007)
15. Circumvent
16. ___ Tiara (Duchess Kate's wedding head-dress)
17. Draw ___ (Do cartography)
18. Desert dweller
19. Epiphanies!
20. American network
21. Three
22. God/planet
24. Get permission
25. Sea captain's spot
27. '___' in Canora
28. Section
30. Sci-Fi rides
32. "Star Trek: Voyager" role
35. Seven Wonders of the World... ___ of Alexandria
37. Brit singer of current hit "I'm Not the Only One": 2 wds.
39. "I'm going ___ York." ...said the Big Apple bound tourist
40. "___ be an honour."
41. Modern day witchcraft
42. Transformers: Foes of Decepticons
44. Homespun
45. Grads-to-be, briefly



46. Commedia dell' ___
47. 'A' in UAE
48. Perfect
49. Ms. Bagnold of books
51. Curious
54. ___ Flowers ("Cityline" gardening expert, fun-style)
58. MGM's motto, ___

- Gratia Artis (Art for Art's Sake)
59. Sundial number
60. "Metropolis" (1927) director Fritz
61. Magna cum ___
63. Mr. Hemsworth
64. Seed's protector
65. Pear-shaped instruments

66. Ms. Bancroft
67. Certain currency
68. Wield
69. Big golf tournaments, e.g.

Down

1. Tragically Hip album: 'Now for ___'
2. Poetic feet

3. Athletic/casual attires: 2 wds.
4. Sugar amt.
5. Spy's uncoverings
6. Benefit
7. Actress Rita
8. Grand garden
9. Bell, Rogers and Telus = ___ giants
10. Frank Sinatra's

"___ Life"

11. Honolulu's home
12. Capital of Mongolia, ___ Bator
13. Long-stem flower
21. ___ Thursday (When celebrities post vintage photos of themselves on social media)
23. Logging-on needs
26. ___-___ movie
29. 'Mars'-meaning prefix
31. It's 'in'
32. Mixed Martial Arts component
33. And so on, plurally [abbr.]
34. Ms. Mitchell (Actress from Mississauga, ON)
35. Harper Valley, et al.
36. Lunch time?
38. Ms. Kunis
40. TV Cousin
43. Ear: French
44. Most just
48. English-speaking Quebecer, commonly
50. Consumer advocate Ralph
52. Paul Anka title girl in 1957
53. Bluenose coins
54. Brouhaha
55. One-of-a-kind
56. Tropical birds
57. Waters: French
62. Driver's 4x4, commonly
63. ___ of luxury

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

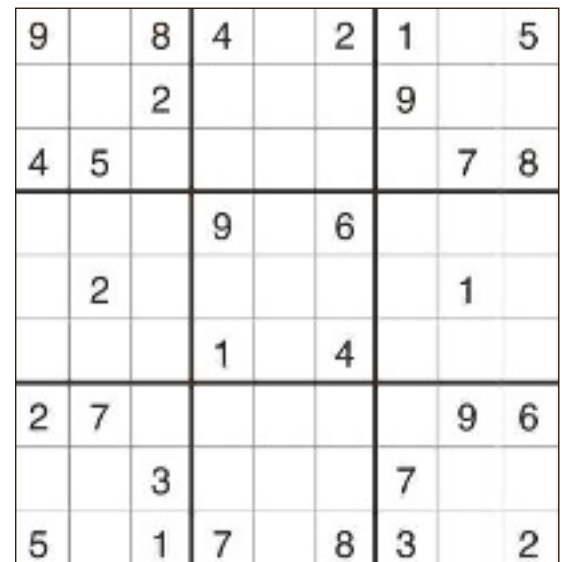


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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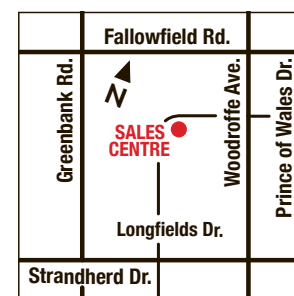
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